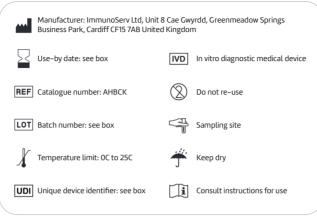
POST COLLECTION

- Place the blood collection tube into the blood tube shipper which is lined with absorbent material.
- 2. Place all items (used and unused) from the kit back into the box we will dispose of them appropriately.
- 3. Remove the grey Royal Mail shipment sleeve and then close the box.
- 4. Place the box into the grey Royal Mail shipment sleeve and seal the sleeve.
- Drop off the package at your local Post Office branch within 4 hours of blood draw.
- 6. You do not have to pay for postage it is prepaid.
- 7. Samples should be kept at room temperature for the duration.







Please email Info@ImmunoServ.com for any feedback, additional advice or to report an incident.





Unit 8, Cae Gwyrdd Greenmeadow Springs Business Park, Cardiff CF15 7AB

immunoserv.com

At Home Blood Collection Kit

INSTRUCTIONS FOR USE

Version: 4.1 Date: 04-FEB-2023

Please carefully read all instructions prior to attempting to take sample

2x Alcohol swab

2x Fabric plasters

1x Blood tube shipper

1x Instructions for use

1x Royal Mail return envelope

2x Wound cleansing wipes

• 1x Blood collection microtainer (green top blood tube)

KIT CONTENTS 4x Contact-activated lancets specialist couriers.

- possible in order to best-preserve the sample's integrity.
- We advise taking the blood over a table with a hard floor underneath so that any spillages can be easily cleaned.

- Do not use if any of the packaging or contents appear damaged.
- Do not use lancet if protective cover is not affixed.
- Do not dismantle the lancet as this may pose a sharps risk.
- If you feel faint, lie down with feet elevated.
- Do not use pre-injection swab if you have a known intolerance to isopropyl-alcohol (IPA).
- All parts of the kit are designed to be single use only.

GENERAL INFORMATION

The At Home Blood Collection Kit contains all items required for collection and shipment of a capillary blood sample from the finger. It is designed to enable individuals to easily collect and ship a blood sample, without the need for a trained phlebotomist or

- Perform the blood draw as close to returning the sample as

HEALTH & SAFETY

PROCEDURE

- 1. Empty the box and familiarise yourself with the contents. Open the green top blood collection tube and place into the circular hole in the carboard box which is for holding the tube.
- 2. Ensure your hand is very warm; this will aid blood flow. For this we recommend placing your hands in warm water for at least 2 minutes.
- 3. Dry your warm hands then wipe selected finger with the alcohol swab provided.
- 4. Hold the lancet, rotate and remove the protective cover.
- 5. Keeping the selected finger on the table, press the lancet firmly against the side of finger until a click is heard. We recommend trying your ring or middle finger first.
- 6. Hold arm downwards and gently massage from the base of the finger towards the wound to produce as large a drop of blood as possible and then scrape the drop into the collection tube.
- 7. Repeat until blood fill quantity is within the specified range as shown by the '400' and '600' fill lines on the side of the tube.
- 8. If blood flow slows, do not attempt to squeeze your finger or put any clotted blood in the tube. Instead, secure the lid on the blood collection tube and invert gently 10 times. Apply pressure to the puncture site using the wound cleansing wipe and apply a plaster if required.
- 9. When you are ready, follow steps 2-8 again; re-open the tube and use a new lancet to draw blood from another finger (following steps 2-7).
- 10. Once the tube is filled between the indicated lines, apply pressure to the puncture site using the wound cleansing wipe and apply a plaster if required.
- 11. Secure the lid on the blood collection tube and invert gently 10 times. Do not shake the tube.





